



# What is Person Centered Planning...

**Person Centered Planning (PCP)** Is a process for planning and supporting the individual receiving services that builds upon the individual's capacity to engage in activities that promote community life and that honors the individual's preferences, choices and abilities. The PCP process involves families, friends and professionals as the person desires or requires. A preliminary plan will be developed within 7 days of start of service. A written copy of the plan will be given to the individual receiving services within 15 business days of their PCP meeting.

## PCP Means...

- A person and those he or she has selected to support him or her focus on the person's life goals, interests, desires, choices, strengths and abilities as the foundation for the PCP process.
- Identify outcomes based on the person's life goals, interests, strengths, abilities, desires and choices.
- Make plans for the person to achieve identified outcomes.
- Determine the services and supports the person needs to work toward or achieve outcomes including, services and supports available through TBHS.
- PCP for minors (family-driven and youth guided practice) involves the whole family.
- If a person is not happy about the services they receive at TBHS they may call Customer Services at 989.673.6191 for assistance with advocating for what they may want.

**PCP Process...**is not doing whatever the individual would like without regard to health and safety, effectiveness or cost of service, treatment or support options or basic standards of reasonableness. PCP should not be considered a quick fix. It is a planning meeting regarding the person receiving services with TBHS and what they would like. **PCP is an ongoing process and changes can be made as new opportunities and challenges arise.**

**PCP Essential Elements...** Person-Directed, Person-Centered, Outcome-Based, Information, Support and Accommodations, Independent Facilitation, Pre-Planning, Wellness, Well Being and Participation of allies (friends, family members and others).



**TUSCOLA**  
Behavioral Health Systems  
A Michigan Community Mental Health Authority

**Person-Centered Planning is the law!**

TBHS Clinical Programs are located at: 1332 Prospect Ave., Caro

989.673.6191 or 1.800.462.6814 [www.tbhsonline.com](http://www.tbhsonline.com)