

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

A 2016
Sundance Film
Festival Premier

Research has discovered a dangerous biological syndrome caused by abuse and neglect during childhood. The documentary, Resilience, reveals that toxic stress can trigger hormones that wreak havoc on the brain and body of children, putting them at greater risk for disease, homelessness, prison time, and early death. Join us to learn how stress can impact your physical and mental health.

WHERE: Caro Area District Library
840 W. Frank Street, Caro, MI 48723

DATE: Monday, November 5, 2018

TIME: 6:00pm-7:00pm View the Movie
7:00pm-8:00pm Panel Discussion

COST: **FREE** + Complimentary dinner,
popcorn and refreshments

Sponsored by:



Local, State and Federal funds helped support this project.

"The child may not remember, but the body remembers."