



TUSCOLA

Behavioral Health Systems

A Michigan Community Mental Health Authority



Varsity Monthly Thumb is proud to announce Tuscola Behavioral Health Systems as our Advertiser of the Month. Tuscola Behavioral Health Systems (TBHS) is a governmental non-profit Michigan Community Mental Health Authority, established in 1974 to provide behavioral health services and supports for Tuscola County residents who meet eligibility criteria.

TBHS provides a variety of services and supports for individuals with severe and persistent mental illness, intellectual/developmental disabilities, serious emotional disturbance and co-occurring disorders. Their staff include clinical, direct care and administrative professionals dedicated to helping improve the behavioral health status of community members. TBHS services are provided in a confidential environment, empowering individuals to reach their full potential. As outlined in Michigan's Mental Health Code, Public Act 258 of 1974, Michigan's public mental health system serves as a local public safety net for the state's most vulnerable citizens, regardless of ability to pay. Individuals who receive services live, work and play in our community. They have hopes, dreams, desires and expectations, along with the added challenge of a mental health issue or intellectual/developmental disability.

Visit tbhsonline.com for additional information on programs and services.

Thank you, TBHS for the work you do in our communities and for supporting high school athletics, by advertising in Varsity Monthly Thumb magazine.

My selfie doesn't show
...that I have
DEPRESSION & ANXIETY

Tuscola Behavioral Health Systems
www.tbhsonline.com 1.800.462.6814

Emergency Services for Mental Health Crisis Situations are available 24 hours a day/ 7 day a week by calling 1.800.462.6814.

Mobile Crisis Services for Youths for individuals with Medicaid, MIChild and Healthy MI Plan provides immediate intervention to assist individuals (from birth-21 years of age) experiencing emotional symptoms and/or dynamics impacting their functioning ability. Available Monday-Friday, 2:00 pm to 7:00 pm by calling 1.800.462.6814.