

# *Tuscola Behavioral Health Systems Provider Directory*



**TUSCOLA**

*Behavioral Health Systems*

Our providers are ready to walk beside you on your journey through recovery and to self-determined lives!

*Information in this directory is subject to change without notice.*

*Reviewed on November 3, 2020*



**Tuscola Behavioral Health Systems (TBHS)**

**989.673.6191 or 1.800.462.6814**

**TDD/TDY 989.672.4780 or 866.835.4186**

**Emergency Services Are Available**

**24 hours a day 7 days a week.**

**[www.tbhsonline.com](http://www.tbhsonline.com)**

# Mid-State Health Network/TBHS



We are a member of the Mid-State Health Network (MSHN) that manages public mental health and substance use disorder services for a twenty-one county region. It is the Pre-Paid Inpatient Health Plan (PIHP) for individuals with Medicaid. A family of community mental health and substance use disorder providers joined together to give you excellent, quality care.

The activity of MSHN and the relationship between the new entity and its 12 Community Mental Health Program partners is largely administrative, regulatory and financial in nature. Services to consumers and their families will continue to be provided and managed locally; including access and intake, recipient rights protections and customer services. Contracts for consumer services and supports with the 12 CMH Program partner organizations will remain unchanged as a result of the new regions creation. These arrangements will continue to be managed locally including all quality oversight, claims adjudication and payment. Access for services and customer service inquiries should still be directed to the local CMH.



**TUSCOLA**

*Behavioral Health Systems*

Tuscola Behavioral Health Systems is a partner in the Mid-State Health Network (MSHN) joining: Bay-Arenac

Behavioral Health, Clinton-Eaton-Ingham Community Mental Health, Community Mental Health for Central Michigan, Gratiot County Community Mental Health, Huron Behavioral Health, The Right Door (formally known as Ionia County Community Mental Health), Lifeways Community Mental Health, Montcalm Center for Behavioral Health, Newaygo County Mental Health Center, Saginaw County Community Mental Health, and Shiawassee County Community Mental Health Authority.

## TBHS Contact Information

**Tuscola Behavioral Health Systems**  
( Mailing address and Administrative Offices)  
323 N. State St., Caro, MI 48723

Clinical Services Location  
1332 Prospect Ave., Caro, MI 48723

(989) 673-6191 OR toll free (800) 462-6814  
TDD/TTY: (989) 672-4780 or (866) 835-4186  
Web: [www.tbhsonline.com](http://www.tbhsonline.com)  
Emergency Services Available:  
24 hours/7 days a week

## Customer Services for Tuscola Behavioral Health Systems

### Access

909 Washington Avenue Suite 3  
Bay City, MI 48707-0882  
(989) 497-1302  
Toll free (888) 482-8269  
For individuals with hearing impairment dial 711.

## Your Substance Use Disorder Coordinating Agency

## Mid-State Health Network (MSHN)

503 W. Ionia St                      1.517.253.7525  
Lansing, MI 48933                1.844.405.3095



### Why a Directory?

This directory has been created to help you make an informed decision in selecting a service provider. You have probably already been working with your current provider to decide what services will work for you and suit your unique and specific needs. Then, you must locate a provider to make those services available to you.

**A provider is any organization or licensed independent practitioner currently meeting the credentialing guidelines and under contract to deliver behavioral health services to the persons we serve.**

It's up to you to decide who you want to provide the services you need. You can choose the providers you and your service provider like and determine to be most suitable for you, or you can make your own informed choice. It's up to you.

The directory is to help you find what you are looking for. It shows you all of our available behavioral health services, providers and where they are located. This directory answers the question, "If I need a service such as outpatient therapy, which ones are available and is there one near me?" So, you can look up what you need by the type of service needed and see where the services are located.

This directory also includes information about non-English languages and sign language that may be used by our providers. Please note that this information is not meant to imply that staff are certified language interpreters. However, at no cost to you, an interpreter can be arranged on your behalf if necessary for you to access care.

This directory includes information about many different types of service providers. It is important to know that all primary care coordinators are accepting new consumers. In addition, inpatient hospitalization services are available to all persons on a 24 hour per day/7 day per week basis.

However, the availability of specific hospitals or other specialty service providers will vary depending on individual provider capacity and possibly the type of funding that is used for your services.

Many of the community mental health and substance use disorder services and providers are available to individuals of all ages (infancy through elderly). This directory gives you options to help you be sure that you've made the best decision about your services based on what is best for you and what is available.

### Emergency Services

**Reference: Michigan Mental Health Code and MDHHS Medicaid Provider Manual**

#### **A "mental health emergency" is when...**

- a person is experiencing a serious mental illness, or a developmental disability, or a child is experiencing a serious emotional disturbance and can reasonably be expected in the near future to harm him/herself or another, or because of his/her inability to meet his/her basic needs is at risk of harm,
- or the person's judgment is so impaired that he or she is unable to understand the need for treatment, and that their condition is expected to result in harm to him/herself or another individual in the near future.

**You have the right to receive emergency services at any time, 24-hours a day, seven days a week, including holidays, without prior authorization for payment of care.**

An emergency service is a crisis intervention program with staff trained to help persons with an emergency mental health condition. In the event of an emergency, you have the right to use any emergency service provider or any other setting for care.

If you are in a life-threatening situation, you should call 911 right away, or you can go to your local hospital emergency room.



## Primary Care Coordinators

Primary care coordinators are responsible for providing direct assessment, person-centered planning, intervention, periodic monitoring and evaluation to persons receiving mental health or developmental disability services. This includes outpatient services, physician's services, case management, supports coordination, assertive community treatment services, and home based programs.

Primary care coordinators are the most important components of care as they also serve as the gatekeeper for access to the larger continuum of specialty mental health services and supports. The focus of treatment is to support each person's one-of-a-kind goals in reaching his or her own recovery.

## Inpatient Psychiatric Care

Inpatient Psychiatric Care may be used to treat persons who require care in a 24-hour medically structured and supervised facility. The Severity of Illness (SI)/Intensity of Service (IS) criteria for admission are based upon the assumption that the person is displaying signs and symptoms of a serious psychiatric disorder, demonstrating functional impairments and manifesting a level of clinical instability (risk) that either individually or collectively are of such severity that treatment in an alternative setting would be unsafe or ineffective.

## Post-Stabilization Services

These are services related to a recent emergency mental health condition that are provided after a person has been stabilized in order to maintain the stabilized condition or improve or resolve the person's condition.

## Specialized Residential Services

These are personal care services provided to a person living in a licensed Adult Foster Care Home, certified by the State to provide a Specialized Residential Program. The residential services are individualized depending upon the needs and preferences of the person, but typically include additional staffing resources for purposes of treating physical, psychiatric and/or behavioral conditions.

## Community Living Support Services

Community Living Supports (CLS) are supports used to increase personal self-sufficiency, facilitate personal achievement of goals of community inclusion and participation, independence or productivity. The support may be provided in the person's residence (i.e., licensed facility, own home, family home, apartment) or community settings.



**If you have questions or want assistance,  
please talk with your service provider or  
contact Customer Services at:  
(888) 482-8269.**

### **Psychosocial Rehabilitation Services**

Psychosocial rehabilitation services is a community-based program in which the beneficiaries (also called clubhouse “members”), with staff assistance, are engaged in operating all aspects of the clubhouse, including food service, clerical, reception, janitorial and other member supports and services such as employment, housing and education. In addition, members with staff assistance participate in the day-to-day decision-making and governance of the program and plan community projects and social activities to engage members in the community.

Through the activities of the ordered day, clubhouse decision-making opportunities and social activities, individual members achieve or regain the confidence and skills necessary to lead vocationally productive and socially satisfying lives.

### **Supported Employment Services**

Supported Employment Services provide job development and initial and ongoing support services to assist persons in obtaining and maintaining paid employment that would be otherwise unachievable without such supports.

Support services are provided continuously as needed throughout the period of employment. Capacity to intervene to provide assistance to the individual and/or employer in episodic occurrences of need is included in this service. Supported/integrated employment is provided in integrated work settings where the beneficiary works alongside people who do not have disabilities.

### **Skill Building Services**

Skill-building assistance consists of activities that assist a person to increase his/her economic self-sufficiency and/or to engage in meaningful activities such as school, work and/or volunteering. The services provide knowledge and specialized skill development and/or support. This includes but is not limited to:

assistance with acquisition, retention, or improvement in self-help, socialization, adaptive skills and supports services. Services are aimed at preparing a person for paid or unpaid employment, but that are not job task-oriented. Activities included in these services are directed primarily at reaching habilitative goals, such as improving attention span and motor skills, not at teaching specific job skills.

### **Peer Delivered or Peer Operated Support Services**

Peer delivered or peer operated support services are programs that provide individuals with opportunities to learn and share coping skills and strategies, move into more active assistance and away from passive roles and identities, and to build and/or enhance self-esteem and self-confidence. These services may be provided in many different settings, including the home or community.

### **Substance Use Disorder Outpatient Services**

Outpatient Therapy may include one-on-one meetings with a clinician and the person seeking Substance Use Disorder (SUD) treatment. Family members and other people close to this person may also be there if he/she chooses.





### **Group Therapy**

Substance Use Disorder (SUD) group counseling is led by a therapist in a group setting of people dealing with many types of SUD issues. Group Therapy usually includes

educational talks, helpful discussions, and other group activities.

### **Substance Use Disorder Prevention Services**

Prevention Programs are for people who do not yet require treatment for substance use disorders (SUD). Funded prevention services must be provided in many different settings for both the general community and for those who may be at a high risk for developing a SUD.

### **Sub-acute Detox Services**

Sub-acute Detox Service is medically supervised care provided in a substance use disorder residential setting to help a person stop using alcohol or drugs (withdrawal). As one goes through withdrawal, one usually feels physically sick. The detox services give a person a safe setting to manage these side effects.

### **Methadone/Other Medication Supported Services**

Methadone and various other medications may be used to help a person be successful in recovery. They may be used to assist in detoxification and/or for continued medication maintenance. Medications are usually used once a person has tried other treatment and is not successful in staying in recovery.

Medications such as Methadone or Suboxone are used for opiate dependence. These medications are used with individuals that have developed serious addictions to opiates. They may be used for either detoxification (getting the drugs and/or alcohol totally out of a person's system in a short amount of time in a supervised inpatient setting) or maintenance (allowing a person to continue to take the drug over a longer period of time, while

working with them to slowly get off of the medication in an outpatient setting). These medications may have serious side effects and may be dangerous if not used according to doctor's orders. Methadone and Suboxone are usually only used once other options have been exhausted.

Methadone and/or Suboxone programs usually require an individual to travel on a daily basis to receive the medication, as well as other services such as: doctor visits, individual counseling sessions, group counseling sessions, and urine drug screens. An individual that is thinking about entering into treatment with Methadone or Suboxone must have reliable transportation and a serious commitment to their recovery.

### **Residential Treatment**

Residential Treatment is a supervised live-in substance use disorder program. It includes several types of therapy: individual therapy, group instruction, and peer support all within this supportive environment. There are residential programs for men, women, and adolescents. Some specialized women's residential programs allow children to live with them during treatment.

### **Case Management**

The focus of case management services for people with substance use disorders is to help find, link, and use needed community resources. These resources improve one's long-term recovery. The community resources may include such things as housing, health care, employment opportunities/trainings and other social services. Case management staff work alongside the person and the treatment team; together they support the one-of-a-kind assistance to help a person reach his/her recovery goals.

### Recovery Support Services

Recovery Support Services are most often services provided in the community outside the usual treatment agency. These services are intended to support long term recovery of a person with a substance use disorder whether that person is at the beginning, middle, or maintenance stage of recovery. This may include linking a person to community resources, assisting a person with basic needs (food, heat, clothing, etc.), providing support (talking with, listening to, and providing guidance) to this person, and acting as a positive role model.



### Ancillary Services

#### Women's Specialty Services

This is specific Substance Use Disorder (SUD) treatment and other therapeutic interventions for women with SUD who are either pregnant or have dependent children. It helps with such issues as relationships, sexual and physical abuse, parenting and child care.

Women with children have many barriers to treatment. With Women's Specialty services, those barriers are decreased. Women's Specialty services include:

- ◆ referrals to primary medical care for women,
- ◆ referrals for pediatric care for children,
- ◆ child care for the children while the mother is receiving services,
- ◆ transportation to and from treatment,
- ◆ gender specific treatment,
- ◆ therapeutic interventions for children,
- ◆ advocacy,
- ◆ case management services

### Dual Diagnosis/Co-occurring Treatment

Co-occurring disorder treatment are services provided to persons who have both substance use disorders and mental health issues. All contracted providers are trained and have skills to treat both issues at the same time for the best treatment success.



## Inpatient Psychiatric Hospitals and Post Stabilization Services

### **Behavioral Centers of America—Stonecrest**

15000 Gratiot Ave.  
Detroit, MI 487205  
(313) 245-0600

### **Cedar Creek Hospital of Michigan**

101 W. Townsend Rd.  
St. Johns, MI 48879  
(989) 403-6022

### **Forest View Psychiatric Hospital**

1055 Medical Park Dr. SE  
Grand Rapids, MI 49546  
(800) 949-8439

### **Harbor Oaks Hospital**

35031 23 Mile Rd.  
New Baltimore, MI 48047  
(586) 725-5777

### **Havenwyck Hospital**

1525 University Drive  
Auburn Hills, MI 48326  
(248) 373-9200

### **HealthSource Saginaw**

3340 Hospital Rd.  
Saginaw, MI 48603  
(989) 790-7700

### **McLaren Bay Regional Medical Center**

1900 Columbus  
Bay City, MI 48708  
(989) 894-3911

### **McLaren Lapeer Regional Medical Center**

1375 N. Main St.  
Lapeer, MI 48446  
(800) 334-4673

### **McLaren Port Huron Hospital**

1221 Pine Grove  
Port Huron, MI  
(810) 987-5000

### **MidMichigan Regional Medical Center**

4005 Orchard Dr.  
Midland, MI 48640  
(989) 839-3000

### **Pine Rest Christian Mental Health Services – St. Mary’s Health Care**

300 68th St. SE  
Grand Rapids, MI 49548  
(800) 678-5500

## Outpatient Therapy

### **Tuscola Behavioral Health Systems**

**323 North State Street** (Administrative and mailing address)

Clinical Programs are located at:

1332 Prospect Avenue  
Caro, MI 48723 (989) 673-6191

### **LIST Psychological Services**

651 N. State Street Caro, MI 48723  
(989) 673-5700

Non-English Languages Spoken: Spanish

## Specialized Residential Services/Other Services

### Specialized Residential Service

(provider phone number is listed, not the direct phone number to the home)

**A.F. Services Inc.** (989)673-6191  
Fairgrove, MI

**Faith** (989)673-6191  
Flushing, MI

**Fulton Residential Care Corporation**  
Caro, MI (989)673-6191

**Wilson Residential Services**  
Millington, MI (989)673-6191

**Tuscola Behavioral Health Systems**  
Caro, MI (989)673-6191

### Supported Employment Services

**Tuscola Behavioral Health Systems**  
Personal Independence Center (PIC)  
Caro, MI (989) 673-6191 or (800) 462-6814

### Community Living Support Services

**Faith**  
Flushing, MI (989)-673-6191

**Fulton Residential Corp.**  
Caro, MI (989) 673-6191

**Hope Network**  
Grand Rapids, MI (616)301-8000

**Tallman, Linda** (989)-673-6191  
Caro, MI

**Tuscola Behavioral Health Systems**  
Caro, MI (989) 673-6191

### Peer Support Services (PSS) or Peer Operated Services (drop-in center)

**Tuscola Behavioral Health Systems (PSS)**  
1332 Prospect Ave  
Caro, MI 48723 (989) 673-6191

**Tuscola Peer Center (drop-in center)**  
Caro, MI 48723 (989) 673-2873

### Skill Building and Community Living Support Services

**Human Development Commission**  
429 Montague Avenue  
Caro, MI 48723 (989) 673-4121

**Tuscola Behavioral Health Systems**  
Personal Independence Center (PIC)  
Caro, MI 48723 (800) 462-6814  
(989) 673-6191

## Substance Use Disorder Services and Prevention Services



The following is a list of available resources to individuals. TBHS may or may not hold a direct contract with these resources.

**Bay Regional Medical Center -  
Neighborhood Resource Center**  
709 Ninth St.  
Bay City, MI 48708 (989) 895-3510

**Boys and Girls Club of Bay Co.**  
300 W. Lafayette  
Bay City, MI 48706 (989) 892-6723

**Huron County Health Dept.**  
1142 S. Van Dyke  
Bad Axe, MI 48413 (989) 269-9721  
Non-English Languages Spoken:  
Spanish, French

**List Psychological Services**  
651 N. State St.  
Caro, MI 48723 (989) 673-5700  
Non-English Languages Spoken: Spanish

**MSHN**  
503 W. Ionia St 1.517.253.7525  
Lansing, MI 48933 1.844.405.3095

**Neighborhood Resource Center**  
709 Ninth St.  
Bay City, MI 48708 (989) 895-3510

**Shiawassee County Circuit Court -  
Family Division**  
110 E. Mack St.  
Corunna, MI 48817 (989) 743-2372

**Sacred Heart—Bay City Outpatient**  
1106 Washington  
Bay City, MI 48708 (989) 894-2991  
Non-English Languages Spoken:  
German, French, Spanish, Albanian  
**Sterling Area Health Center**  
725 E. State St.  
P.O. Box 740  
Sterling, MI 48659 (989) 654-3501

**1016 Treatment Center**  
2885 Health Parkway, Ste. 2  
Mt. Pleasant, MI 48858  
(989) 775-0604  
Non-English Languages Spoken:  
Spanish, Arabic, French

**DOT Caring Center**  
Freeland Hotel  
6840 Midland Rd. Freeland, MI 48623  
(989) 692-2160

**Kairos Healthcare (Adolescent only)**  
3400 S. Washington  
(989) 755-1072  
Saginaw, MI 48601

**Sacred Heart Rehabilitation Ctr.**  
400 Stoddard Rd.  
P.O. Box 41038  
Memphis, MI 48041-1038  
(810) 392-2167

**The Recovery Center**  
810 W. Saginaw  
Lansing, MI 48915  
(517) 267-7623



## **Methadone/Other Medication Supported Services**

**ProAction Behavioral Health**  
822 Cherry St. SE  
Grand Rapids, MI 49506  
(616) 776-0891

**Sacred Heart Rehabilitation Ctr./Clearview**  
1406 Eighth St.  
Port Huron, MI 48060

**Victory Clinic**  
4902 S. Cedar  
Lansing MI 48910  
(517) 394-7867

**Victory Clinical Services IV**  
508 Shattuck Rd.  
Saginaw, MI 48604  
(989) 752-7867

## **Substance Use Disorder Outpatient Case Management Peer Recovery Services**

### ***Tuscola County***

***Additional locations can be found at  
[www.midstatehealthnetwork.org/provider-network/Search-Provider.php](http://www.midstatehealthnetwork.org/provider-network/Search-Provider.php)***

**List Psychological Services**  
651 N. State St.  
Caro, MI 48723  
(989) 673-5700  
***AND***  
467 N. State St.  
Caro, MI 48723  
(989) 673-5700

**New Light Consultants**  
8361 Ellis Rd.  
Millington, MI 48746  
(989) 871-9047

## ***Additional Locations***

**1016 Treatment Center**  
220 N. Main, Ste. 202  
Midland, MI 48640  
(989) 631-0241

**Non-English Languages Spoken: Spanish, Arabic,  
French**

***AND***  
2885 Health Parkway, Ste. 2  
Mt. Pleasant, MI 48858  
(989) 773-9655

**Bay Psychological Associates**  
1420 Center Ave.  
Bay City, MI 48708  
(989) 686-1990

**DOT Caring Centers, Inc.**  
3190 Hallmark Ct.  
Saginaw, MI 48603  
(989) 790-3366

**Kairos Healthcare Family Care Center**  
1321 S. Fayette  
Saginaw, MI 48602  
(989) 792-8000

***AND***  
3400 S. Washington  
(989) 755-1072  
Saginaw, MI 48601

**List Psychological Services**  
126 Washington Ave.  
Bay City, MI 48708  
(989) 684-7977

***AND***  
3720 Wilder Rd., Unit B  
Bay City, MI 48706  
(989) 460-1000  
**Non-English Languages Spoken: Spanish**  
***AND***  
170 North Caseville Road  
Pigeon, MI 48755  
(989) 975-0651

**ProAction/Outpatient Services**

822 Cherry St., SE  
Grand Rapids, MI 49506  
(616) 776-0891

**AND**

**ProAction/Women's Recovery Center**

200 Eastern Ave., SE  
Grand Rapids, MI 49503  
(616) 776-0891

**Sacred Heart — Bay City Outpatient**

1106 Washington  
Bay City, MI 48708  
(989) 894-2991

**Non-English Languages Spoken:**  
German, French, Spanish, Albanian

**Sterling Area Health Center**

725 E. State St.  
Sterling, MI 48659  
(989) 654-3501

**Outpatient Women's  
Specialty Services**

**Catholic Charities of Shiawassee & Genesee  
Counties**

120 W. Exchange Street, Ste. 204  
Owosso, MI 48867  
(989) 723-8239

**List Psychological Services Bay County**

126 Washington Ave.  
Bay City, MI 48708  
(989) 684-7977

**AND**

3720 Wilder Rd., Unit B  
Bay City, MI 48706  
(989) 460-1000

**Non-English Languages Spoken: Spanish**

**List Psychological Services Tuscola County**

651 N. State St.  
Caro, MI 48723  
(989) 673-5700

**AND**

467 N. State St.  
Caro, MI 48723  
(989) 673-5700



**Sacred Heart — Bay City Outpatient**

Bay City, MI 48708  
(989) 894-2991

**Non-English Languages Spoken:**  
German, French, Spanish, Albanian

**ProAction/Women's Recovery Center**

200 Eastern Ave., SE  
Grand Rapids, MI 49503  
(616) 776-0891

**Residential Women's  
Specialty Services**

**ProAction/Women's Recovery Center**

200 Eastern Ave., SE  
Grand Rapids, MI 49503  
(616) 776-0891

**Clearview**

1406 8th St.  
Port Huron, MI 48060  
(810) 987-1258

**Kairos Healthcare**

3400 S. Washington  
Saginaw, MI 48601  
(989) 755-1072

**Our Hope**

324 Lyon NE  
Grand Rapids, MI 49503  
(616) 451-2039



## Residential Treatment

**M1016 Treatment Center**  
1016 Eastman Ave.  
Midland, MI 48640  
(989) 835-3466  
Non-English Languages Spoken:  
Spanish, Arabic, French

**Clearview**  
1406 8th St.  
Port Huron, MI 48060  
(810) 987-1258

**DOT Caring Center**  
Freeland Hotel  
6840 Midland Rd.  
Freeland, MI 48623  
(989) 692-2160

**House of Commons**  
630 1/2 N. Cedar  
Mason, MI 48854  
(517) 244-0393

**Kairos Healthcare**  
1321 S. Fayette  
Saginaw, MI 48602  
(989) 792-8000

**AND**

3400 S. Washington  
Saginaw, MI 48601  
(989) 755-1072

**Our Hope Association**  
324 Lyon NE  
Grand Rapids, MI 49503  
(616) 451-2039  
Non-English Languages Spoken:  
Spanish, Odawa  
**Pine Rest**  
523 Lyon St. SE  
Grand Rapids, MI 49503

(616) 281-0061

**Proaction Men's and Women's Recovery Center**  
200 and 220 Eastern Ave. SE  
Grand Rapids, MI 49503  
(616) 776-0891

**Sacred Heart Rehabilitation Ctr.**  
400 Stoddard Rd.  
P.O. Box 41038  
Memphis, MI 48041  
(810) 392-2167

**Turning Point Recovery Centers**  
6727 Sherman Drive  
Otter Lake, MI 48464  
(810) 793-8957



## Autism Services

**Centria Healthcare**  
41521 W. 11 Mile Rd.  
Novi MI 48375-1803  
(248) 299-0030

**Positive Behavior Supports Corporation**  
400 Renaissance Center, Suite 2600  
Detroit, MI 48243  
1- (855) 832-6727

**Thumb Area Psychological Services**  
6627 Rose St  
Cass City, MI 48726  
(989) 872-1800





# TUSCOLA

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