



PATIENT PORTAL

Your Gateway to Better Health

We are pleased to announce that **Tuscola Behavioral Health Systems (TBHS)** has launched a new patient portal, **CEHR**. This online tool will give you the flexibility to access your health information and other resources, on your time and between visits to TBHS. The **CEHR** portal is available over the Internet, which means that you can use it from virtually anywhere. If given permission, you can also use the **CEHR** portal to access information for family members and individuals for whom you provide care.

What is a patient portal?

A patient portal is a web-based system that provides a secure link to access protected health information from an electronic health record. When you log into the portal with your private username and password, you can view information in your TBHS electronic health record.

Why should I use a patient portal?

As an individual receiving services from TBHS, enrolling in the **CEHR** portal will allow you to:

- View upcoming appointments
- View your personal information on file to ensure it is correct
- Review specific health information
- View resources such as the TBHS Consumer Newsletter – Recovery Today

How do I get started?

1. Talk to your assigned caseworker to request a PIN number for CEHR.
2. Go to the CEHR website: **www.mycehr.com**
3. Create a new account by clicking on the 'Get Started' button.
 - a) Fill in all the required fields
 - b) Enter your case number
 - c) Enter your PIN
 - d) Click the 'Create Account' button

Information in CEHR Patient Portal:

- **My Personal Information**
 - Contact Information
 - Emergency Contacts
- **My Health Record**
 - Allergies
 - Diagnosis
 - Medication
 - Vitals
 - Lab Test Results
- **My Appointments**
- **My Documents**
- **Continuity of Care**
- **Resources**

Please note, the CEHR portal is **not** for emergencies and should never be used for urgent health matters. For medical emergencies, please dial "911" or access the nearest emergency room.

Questions?

Please contact your assigned caseworker or call the TBHS CEHR Support Line at 989.673.6191, Monday through Friday, during normal business hours and ask to speak with the CEHR Administrator.



COMMUNITY ELECTRONIC HEALTH RECORDS
Tuscola Behavioral Health Systems