

Tuscola Behavioral Health Systems Provider Directory



TUSCOLA

Behavioral Health Systems

Our providers are ready to walk beside you on your journey through recovery and to self-determined lives!

Information in this directory is subject to change without notice.

Reviewed September 2024



Tuscola Behavioral Health Systems (TBHS)

989.673.6191 or 1.800.462.6814

TDD/TDY 989.672.4780 or 866.835.4186

Emergency Services Are Available

24 hours a day 7 days a week.

www.tbhsonline.com

Mid-State Health Network/TBHS



We are a member of the Mid-State Health Network (MSHN) that manages public mental health and substance use disorder services for a twenty-one county region. It is the Pre-Paid Inpatient Health Plan (PIHP) for individuals with Medicaid. A family of community mental health and substance use disorder providers joined together to give you excellent, quality care.

The activity of MSHN and the relationship between the new entity and its 12 Community Mental Health Program partners is largely administrative, regulatory and financial in nature. Services to consumers and their families will continue to be provided and managed locally; including access and intake, recipient rights protections and customer services. Contracts for consumer services and supports with the 12 CMH Program partner organizations will remain unchanged as a result of the new regions creation. These arrangements will continue to be managed locally including all quality oversight, claims adjudication and payment. Access for services and customer service inquiries should still be directed to the local CMH.



TUSCOLA

Behavioral Health Systems

Tuscola Behavioral Health Systems is a partner in the Mid-State Health Network (MSHN) joining: Bay-Arenac

Behavioral Health, Clinton-Eaton-Ingham Community Mental Health, Community Mental Health for Central Michigan, Gratiot County Community Mental Health, Huron Behavioral Health, The Right Door (formally known as Ionia County Community Mental Health), Lifeways Community Mental Health, Montcalm Center for Behavioral Health, Newaygo County Mental Health Center, Saginaw County Community Mental Health, and Shiawassee County Community Mental Health Authority.

TBHS Contact Information

Tuscola Behavioral Health Systems
(Mailing address and Administrative Offices)
323 N. State St., Caro, MI 48723

Clinical Services Location
1332 Prospect Ave., Caro, MI 48723

(989) 673-6191 OR toll free (800) 462-6814
TDD/TTY: (989) 672-4780 or (866) 835-4186
Web: www.tbhsonline.com
Emergency Services Available:
24 hours/7 days a week

Customer Services for Tuscola Behavioral Health Systems

Access

909 Washington Avenue Suite 3
Bay City, MI 48707-0882
(989) 497-1302
Toll free (888) 482-8269

For individuals with hearing impairment dial 711.

Your Substance Use Disorder Coordinating Agency

Mid-State Health Network (MSHN)

503 W. Ionia St 1.517.253.7525
Lansing, MI 48933 1.844.405.3095



Why a Directory?

This directory has been created to help you make an informed decision in selecting a service provider. You have probably already been working with your current provider to decide what services will work for you and suit your unique and specific needs. Then, you must locate a provider to make those services available to you.

A provider is any organization or licensed independent practitioner currently meeting the credentialing guidelines and under contract to deliver behavioral health services to the persons we serve.

It's up to you to decide who you want to provide the services you need. You can choose the providers you and your service provider like and determine to be most suitable for you, or you can make your own informed choice. It's up to you.

The directory is to help you find what you are looking for. It shows you all of our available behavioral health services, providers and where they are located. This directory answers the question, "If I need a service such as outpatient therapy, which ones are available and is there one near me?" So, you can look up what you need by the type of service needed and see where the services are located.

This directory also includes information about non-English languages and sign language that may be used by our providers. Please note that this information is not meant to imply that staff are certified language interpreters. However, at no cost to you, an interpreter can be arranged on your behalf if necessary for you to access care.

This directory includes information about many different types of service providers. It is important to know that all primary care coordinators are accepting new consumers. In addition, inpatient hospitalization services are available to all persons on a 24 hour per day/7 day per week basis.

However, the availability of specific hospitals or other specialty service providers will vary depending on individual provider capacity and possibly the type of funding that is used for your services.

Many of the community mental health and substance use disorder services and providers are available to individuals of all ages (infancy through elderly). This directory gives you options to help you be sure that you've made the best decision about your services based on what is best for you and what is available.

Emergency Services

Reference: Michigan Mental Health Code and MDHHS Medicaid Provider Manual

A "mental health emergency" is when...

- a person is experiencing a serious mental illness, or a developmental disability, or a child is experiencing a serious emotional disturbance and can reasonably be expected in the near future to harm him/herself or another, or because of his/her inability to meet his/her basic needs is at risk of harm,
- or the person's judgment is so impaired that he or she is unable to understand the need for treatment, and that their condition is expected to result in harm to him/herself or another individual in the near future.

You have the right to receive emergency services at any time, 24-hours a day, seven days a week, including holidays, without prior authorization for payment of care.

An emergency service is a crisis intervention program with staff trained to help persons with an emergency mental health condition. In the event of an emergency, you have the right to use any emergency service provider or any other setting for care.

If you are in a life-threatening situation, you should call 911 right away, or you can go to your local hospital emergency room.



Primary Care Coordinators

Primary care coordinators are responsible for providing direct assessment, person-centered planning, intervention, periodic monitoring and evaluation to persons receiving mental health or developmental disability services. This includes outpatient services, physician's services, case management, supports coordination, assertive community treatment services, and home based programs.

Primary care coordinators are the most important components of care as they also serve as the gatekeeper for access to the larger continuum of specialty mental health services and supports. The focus of treatment is to support each person's one-of-a-kind goals in reaching his or her own recovery.

Inpatient Psychiatric Care

Inpatient Psychiatric Care may be used to treat persons who require care in a 24-hour medically structured and supervised facility. The Severity of Illness (SI)/Intensity of Service (IS) criteria for admission are based upon the assumption that the person is displaying signs and symptoms of a serious psychiatric disorder, demonstrating functional impairments and manifesting a level of clinical instability (risk) that either individually or collectively are of such severity that treatment in an alternative setting would be unsafe or ineffective.

Post-Stabilization Services

These are services related to a recent emergency mental health condition that are provided after a person has been stabilized in order to maintain the stabilized condition or improve or resolve the person's condition.

Specialized Residential Services

These are personal care services provided to a person living in a licensed Adult Foster Care Home, certified by the State to provide a Specialized Residential Program. The residential services are individualized depending upon the needs and preferences of the person, but typically include additional staffing resources for purposes of treating physical, psychiatric and/or behavioral conditions.

Community Living Support Services

Community Living Supports (CLS) are supports used to increase personal self-sufficiency, facilitate personal achievement of goals of community inclusion and participation, independence or productivity. The support may be provided in the person's residence (i.e., licensed facility, own home, family home, apartment) or community settings.



**If you have questions or want assistance,
please talk with your service provider or
contact Customer Services at:
(888) 482-8269.**

Psychosocial Rehabilitation Services

Psychosocial rehabilitation services is a community-based program in which the beneficiaries (also called clubhouse “members”), with staff assistance, are engaged in operating all aspects of the clubhouse, including food service, clerical, reception, janitorial and other member supports and services such as employment, housing and education. In addition, members with staff assistance participate in the day-to-day decision-making and governance of the program and plan community projects and social activities to engage members in the community.

Through the activities of the ordered day, clubhouse decision-making opportunities and social activities, individual members achieve or regain the confidence and skills necessary to lead vocationally productive and socially satisfying lives.

Supported Employment Services

Supported Employment Services provide job development and initial and ongoing support services to assist persons in obtaining and maintaining paid employment that would be otherwise unachievable without such supports.

Support services are provided continuously as needed throughout the period of employment. Capacity to intervene to provide assistance to the individual and/or employer in episodic occurrences of need is included in this service. Supported/integrated employment is provided in integrated work settings where the beneficiary works alongside people who do not have disabilities.

Skill Building Services

Skill-building assistance consists of activities that assist a person to increase his/her economic self-sufficiency and/or to engage in meaningful activities such as school, work and/or volunteering. The services provide knowledge and specialized skill development and/or support. This includes but is not limited to:

assistance with acquisition, retention, or improvement in self-help, socialization, adaptive skills and supports services. Services are aimed at preparing a person for paid or unpaid employment, but that are not job task-oriented. Activities included in these services are directed primarily at reaching habilitative goals, such as improving attention span and motor skills, not at teaching specific job skills.

Peer Delivered or Peer Operated Support Services

Peer delivered or peer operated support services are programs that provide individuals with opportunities to learn and share coping skills and strategies, move into more active assistance and away from passive roles and identities, and to build and/or enhance self-esteem and self-confidence. These services may be provided in many different settings, including the home or community.

Substance Use Disorder Outpatient Services

Outpatient Therapy may include one-on-one meetings with a clinician and the person seeking Substance Use Disorder (SUD) treatment. Family members and other people close to this person may also be there if he/she chooses.





Group Therapy

Substance Use Disorder (SUD) group counseling is led by a therapist in a group setting of people dealing with many types of SUD issues. Group Therapy usually includes

educational talks, helpful discussions, and other group activities.

Substance Use Disorder Prevention Services

Prevention Programs are for people who do not yet require treatment for substance use disorders (SUD). Funded prevention services must be provided in many different settings for both the general community and for those who may be at a high risk for developing a SUD.

Sub-acute Detox Services

Sub-acute Detox Service is medically supervised care provided in a substance use disorder residential setting to help a person stop using alcohol or drugs (withdrawal). As one goes through withdrawal, one usually feels physically sick. The detox services give a person a safe setting to manage these side effects.

Methadone/Other Medication Supported Services

Methadone and various other medications may be used to help a person be successful in recovery. They may be used to assist in detoxification and/or for continued medication maintenance. Medications are usually used once a person has tried other treatment and is not successful in staying in recovery.

Medications such as Methadone or Suboxone are used for opiate dependence. These medications are used with individuals that have developed serious addictions to opiates. They may be used for either detoxification (getting the drugs and/or alcohol totally out of a person's system in a short amount of time in a supervised inpatient setting) or maintenance (allowing a person to continue to take the drug over a longer period of time, while

working with them to slowly get off of the medication in an outpatient setting). These medications may have serious side effects and may be dangerous if not used according to doctor's orders. Methadone and Suboxone are usually only used once other options have been exhausted.

Methadone and/or Suboxone programs usually require an individual to travel on a daily basis to receive the medication, as well as other services such as: doctor visits, individual counseling sessions, group counseling sessions, and urine drug screens. An individual that is thinking about entering into treatment with Methadone or Suboxone must have reliable transportation and a serious commitment to their recovery.

Residential Treatment

Residential Treatment is a supervised live-in substance use disorder program. It includes several types of therapy: individual therapy, group instruction, and peer support all within this supportive environment. There are residential programs for men, women, and adolescents. Some specialized women's residential programs allow children to live with them during treatment.

Case Management

The focus of case management services for people with substance use disorders is to help find, link, and use needed community resources. These resources improve one's long-term recovery. The community resources may include such things as housing, health care, employment opportunities/trainings and other social services. Case management staff work alongside the person and the treatment team; together they support the one-of-a-kind assistance to help a person reach his/her recovery goals.

Recovery Support Services

Recovery Support Services are most often services provided in the community outside the usual treatment agency. These services are intended to support long term recovery of a person with a substance use disorder whether that person is at the beginning, middle, or maintenance stage of recovery. This may include linking a person to community resources, assisting a person with basic needs (food, heat, clothing, etc.), providing support (talking with, listening to, and providing guidance) to this person, and acting as a positive role model.



Ancillary Services

Women's Specialty Services

This is specific Substance Use Disorder (SUD) treatment and other therapeutic interventions for women with SUD who are either pregnant or have dependent children. It helps with such issues as relationships, sexual and physical abuse, parenting and child care.

Women with children have many barriers to treatment. With Women's Specialty services, those barriers are decreased. Women's Specialty services include:

- ◆ referrals to primary medical care for women,
- ◆ referrals for pediatric care for children,
- ◆ child care for the children while the mother is receiving services,
- ◆ transportation to and from treatment,
- ◆ gender specific treatment,
- ◆ therapeutic interventions for children,
- ◆ advocacy,
- ◆ case management services

Dual Diagnosis/Co-occurring Treatment

Co-occurring disorder treatment are services provided to persons who have both substance use disorders and mental health issues. All contracted providers are trained and have skills to treat both issues at the same time for the best treatment success.



Inpatient Psychiatric Hospitals and Post Stabilization Services

Behavioral Centers of America—Stonecrest

15000 Gratiot Ave.
Detroit, MI 487205
(313) 245-0600

Cedar Creek Hospital of Michigan

101 W. Townsend Rd.
St. Johns, MI 48879
(989) 403-6022

Forest View Psychiatric Hospital

1055 Medical Park Dr. SE
Grand Rapids, MI 49546
(800) 949-8439

Harbor Oaks Hospital

35031 23 Mile Rd.
New Baltimore, MI 48047
(586) 725-5777

Havenwyck Hospital

1525 University Drive
Auburn Hills, MI 48326
(248) 373-9200

HealthSource Saginaw

3340 Hospital Rd.
Saginaw, MI 48603
(989) 790-7700

Madison Community Hospital dba Samaritan Behavioral Center

5555 Conner Avenue, Suite 3N 3rd Floor
Detroit, MI 48213
Phone: (313) 344-7730

McLaren Health Care Corporation

Bay, Flint, Lapeer, Port Huron, Lansing ,
Macomb, Oakland and Northern Michigan
2701 Cambridge Court, Suite 200
Auburn Hills, MI 48326
(810)342-1100

Memorial Healthcare

826 W. King St.
Owosso, MI 48867
989-725-8101

MyMichigan Health

(Midland, Gratiot ,Alpena, Sault St. Marie)
4000 Wellness Drive
Midland, MI 48670
(989) 837-9090

New Oakland Family Services

13305 Reeck St.
Southgate, MI 48795
800-395-3223

New Oakland Family Services

2401 S. Linden Rd
Flint Township, MI 48532
800-395-3223

Pine Rest Christian Mental Health Services – St. Mary’s Health Care

300 68th St. SE
Grand Rapids, MI 49548
(800) 678-5500

Outpatient Therapy

Tuscola Behavioral Health Systems

323 North State Street (Administrative and mailing address)
Clinical Programs are located at:
1332 Prospect Avenue
Caro, MI 48723 (989) 673-6191

Thumb Area Psychological Services

6627 Rose Street
Cass City, MI 48726
(989) 872.1800

Specialized Residential Services/Other Services

Specialized Residential Service

(provider phone number is listed, not the direct phone number to the home)

CC's Villa

Peck, MI 48466 (810)378-5550

Fulton Residential Care Corporation

Caro, MI (989)673-6191

Wilson Residential Services/Charyett

Millington, MI (989)673-6191

Tuscola Behavioral Health Systems

Caro, MI (989)673-6191

Mid-Michigan Specialized Residential

Burton, MI (989)673-6191

Pine Rest Christian Mental Health Services

Grand Rapids, MI (989)673-6191

A Touch of Grace

Lapeer MI 48446 (810) 875-5841

Umbrellex

Owosso, MI 48867 (586)765-4342

Supported Employment Services

Tuscola Behavioral Health Systems

Personal Independence Center (PIC)
Caro, MI (989) 673-6191 or (800) 462-6814

Community Living Support Services

Beacon Home

Lapeer, MI (269) 427-8400

Fulton Residential Corp.

Caro, MI (989) 673-6191

Hope Network

Grand Rapids, MI (616)301-8000

Michelle's House

Caro, MI (989)673-6191

SafeHaus

Warren, MI (586)806.4678

Tuscola Behavioral Health Systems

Caro, MI (989) 673-6191

Peer Support Services (PSS) or Peer Operated Services (drop-in center)

Tuscola Behavioral Health Systems (PSS)

Clinical Programs 1332 Prospect Ave
Caro, MI 48723 (989) 673-6191

Tuscola Peer Center (drop-in center)

Caro, MI 48723 (989) 589-5824

Skill Building and Community Living Support Services

Tuscola Behavioral Health Systems

Personal Independence Center (PIC)
Caro, MI 48723 (800) 462-6814
(989) 673-6191

Independent Facilitator

Janice Lapman (989)673-6191
Arc of Bay County

Substance Use Disorder Services and Prevention Services



The following is a list of available resources to individuals. TBHS may or may not hold a direct contract with these resources.

**Bay Regional Medical Center -
Neighborhood Resource Center**
709 Ninth St.
Bay City, MI 48708 (989) 895-3510

Boys and Girls Club of Bay Co.
300 W. Lafayette
Bay City, MI 48706 (989) 892-6723

Huron County Health Dept.
1142 S. Van Dyke
Bad Axe, MI 48413 (989) 269-9721
Non-English Languages Spoken:
Spanish, French

**List Psychological Services
Specialty Clinic**
651 N. State St.
Caro, MI 48723 (989) 673-5700
Non-English Languages Spoken: Spanish

MSHN
503 W. Ionia St 1.517.253.7525
Lansing, MI 48933 1.844.405.3095

Neighborhood Resource Center
709 Ninth St.
Bay City, MI 48708 (989) 895-3510

**Shiawassee County Circuit Court -
Family Division**
110 E. Mack St.
Corunna, MI 48817 (989) 743-2372

Sacred Heart—Bay City Outpatient
1106 Washington
Bay City, MI 48708 (989) 894-2991
Non-English Languages Spoken:
German, French, Spanish, Albanian
Sterling Area Health Center
725 E. State St.
P.O. Box 740
Sterling, MI 48659 (989) 654-3501

1016 Treatment Center
2885 Health Parkway, Ste. 2
Mt. Pleasant, MI 48858
(989) 775-0604
Non-English Languages Spoken:
Spanish, Arabic, French

DOT Caring Center
Freeland Hotel
6840 Midland Rd. Freeland, MI 48623
(989) 692-2160

Kairos Healthcare (Adolescent only)
3400 S. Washington
(989) 755-1072
Saginaw, MI 48601

Sacred Heart Rehabilitation Ctr.
400 Stoddard Rd.
P.O. Box 41038
Memphis, MI 48041-1038
(810) 392-2167

The Recovery Center
810 W. Saginaw
Lansing, MI 48915
(517) 267-7623



Methadone/Other Medication Supported Services

ProAction Behavioral Health
822 Cherry St. SE
Grand Rapids, MI 49506
(616) 776-0891

Sacred Heart Rehabilitation Ctr./Clearview
1406 Eighth St.
Port Huron, MI 48060

Victory Clinic
4902 S. Cedar
Lansing MI 48910
(517) 394-7867

Victory Clinical Services IV
508 Shattuck Rd.
Saginaw, MI 48604
(989) 752-7867

Substance Use Disorder Outpatient Case Management Peer Recovery Services

Tuscola County

***Additional locations can be found at
[www.midstatehealthnetwork.org/provider
-network/Search-Provider.php](http://www.midstatehealthnetwork.org/provider-network/Search-Provider.php)***

**List Psychological Services
Specialty Clinic**
651 N. State St. And 467 N. State St.
Caro, MI 48723
(989) 673-5700

New Light Consultants
8361 Ellis Rd.
Millington, MI 48746
(989) 871-9047

Additional Locations

1016 Treatment Center
220 N. Main, Ste. 202
Midland, MI 48640
(989) 631-0241

**Non-English Languages Spoken: Spanish, Arabic,
French**

AND
2885 Health Parkway, Ste. 2
Mt. Pleasant, MI 48858
(989) 773-9655

Bay Psychological Associates
1420 Center Ave.
Bay City, MI 48708
(989) 686-1990

DOT Caring Centers, Inc.
3190 Hallmark Ct.
Saginaw, MI 48603
(989) 790-3366

Kairos Healthcare Family Care Center
1321 S. Fayette
Saginaw, MI 48602
(989) 792-8000

AND
3400 S. Washington
(989) 755-1072
Saginaw, MI 48601

List Psychological Services
126 Washington Ave.
Bay City, MI 48708
(989) 684-7977

**Non-English Languages Spoken: Spanish
*AND***

7484 W. Michigan Ave. Suite C
Pigeon, MI 48755
(989) 975-0651

ProAction/Outpatient Services

822 Cherry St., SE
Grand Rapids, MI 49506
(616) 776-0891

AND

ProAction/Women's Recovery Center

200 Eastern Ave., SE
Grand Rapids, MI 49503
(616) 776-0891

Sacred Heart — Bay City Outpatient

1106 Washington
Bay City, MI 48708
(989) 894-2991

Non-English Languages Spoken:
German, French, Spanish, Albanian

Sterling Area Health Center

725 E. State St.
Sterling, MI 48659
(989) 654-3501

Outpatient Women's Specialty Services

**Catholic Charities of Shiawassee & Genesee
Counties**

120 W. Exchange Street, Ste. 204
Owosso, MI 48867
(989) 723-8239

List Psychological Services Bay County

126 Washington Ave.
Bay City, MI 48708
(989) 684-7977

Non-English Languages Spoken: Spanish

List Psychological Services Tuscola County

651 N. State St.
Caro, MI 48723
(989) 673-5700

AND

467 N. State St.
Caro, MI 48723
(989) 672-2016

Sacred Heart — Bay City Outpatient

Bay City, MI 48708
(989) 894-2991

Non-English Languages Spoken:
German, French, Spanish, Albanian



ProAction/Women's Recovery Center

200 Eastern Ave., SE
Grand Rapids, MI 49503
(616) 776-0891

Residential Women's Specialty Services

ProAction/Women's Recovery Center

200 Eastern Ave., SE
Grand Rapids, MI 49503
(616) 776-0891

Clearview

1406 8th St.
Port Huron, MI 48060
(810) 987-1258

Kairos Healthcare

3400 S. Washington
Saginaw, MI 48601
(989) 755-1072

Our Hope

324 Lyon NE
Grand Rapids, MI 49503
(616) 451-2039



Residential Treatment

M1016 Treatment Center
1016 Eastman Ave.
Midland, MI 48640
(989) 835-3466
Non-English Languages Spoken:
Spanish, Arabic, French

Clearview
1406 8th St.
Port Huron, MI 48060
(810) 987-1258

DOT Caring Center
Freeland Hotel
6840 Midland Rd.
Freeland, MI 48623
(989) 692-2160

House of Commons
630 1/2 N. Cedar
Mason, MI 48854
(517) 244-0393

Kairos Healthcare
1321 S. Fayette
Saginaw, MI 48602
(989) 792-8000

AND
3400 S. Washington
Saginaw, MI 48601
(989) 755-1072

Our Hope Association
324 Lyon NE
Grand Rapids, MI 49503
(616) 451-2039
Non-English Languages Spoken:
Spanish, Odawa
Pine Rest
523 Lyon St. SE
Grand Rapids, MI 49503
(616) 281-0061

Proaction Men's and Women's Recovery Center

200 and 220 Eastern Ave. SE
Grand Rapids, MI 49503

(616) 776-0891

Sacred Heart Rehabilitation Ctr.

400 Stoddard Rd.

P.O. Box 41038

Memphis, MI 48041

(810) 392-2167

Turning Point Recovery Centers

6727 Sherman Drive

Otter Lake, MI 48464

(810) 793-8957



Autism Services

Austim of American
24681 Northwestern Highway
Southfield MI 48075

Centria Healthcare
41521 W. 11 Mile Rd.
Novi MI 48375-1803
(248) 299-0030

Positive Behavior Supports Corporation
400 Renaissance Center, Suite 2600
Detroit, MI 48243
1- (855) 832-6727

Thumb Area Psychological Services
6627 Rose St
Cass City, MI 48726
(989) 872-1800

Thrive Enrichment Center, LLC
3258 Ringle Road
Akron, MI 48701
989.737.4840



TUSCOLA

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989.673.6191 or 1.800.462.6814

www.tbhsonline.com

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